

**Learning to Trust Him**  
**Sunday September 22,2024**  
**Dr. Pete Norris**

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. For I rejoiced greatly when brethren came and testified of the truth that is in you, just as you walk in the truth. I have no greater joy than to hear that my children walk in truth. **(III John 1:2-4 NKJV)**

For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel. Therefore I urge you, imitate me. For this reason I have sent Timothy to you, who is my beloved and faithful son in the Lord, who will remind you of my ways in Christ, as I teach everywhere in every church. **(I Corinthians 4:15-17 NKJV)**

Imitate me, just as I also imitate Christ. **(I Corinthians 11:1 NKJV)**

Sanctify them by Your truth. Your word is truth. **(John 17:17 NKJV)**

Your righteousness is an everlasting righteousness, And Your law is truth. **(Psalms 119:142 NKJV)**

You are near, O Lord, And all Your commandments are truth. **(Psalms 119:151 NKJV)**

The spiritual law God has given that is the key to every other spiritual law is often called "The Law of Meditation".

This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. **(Joshua 1:8 NKJV)**

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, of And in His law he meditates day and night. He shall be like a

tree Planted by the rivers of water, That brings forth its fruit in its season,  
Whose leaf also shall not wither; And whatever he does shall prosper.  
**(Psalms 1:1-3 NKJV)**

Meditate means "by talking to oneself". Joshua and the children of Israel were going to possess the promised land by meditating day and night. Today, we must possess the promises of God by operating in the same law.

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. **(John 15:7 NKJV)**

Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free." **(John 8:31, 32 NKJV)**

Whose minds the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them. **(II Corinthians 4:4 NKJV)**

While we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal. **(II Corinthians 4:18 NKJV)**

Now faith is the substance of things hoped for, the evidence of things not seen. **(Hebrews 11:1 NKJV)**

These all died in faith, not having received the promises, but having seen them afar off were assured of them, embraced them and confessed that they were strangers and pilgrims on the earth. **(Hebrews 11:13 NKJV)**

Our physical eyes are the gates through which we contact the world around us, but our minds determine what we actually see with them. How our minds think, and knowledge and wisdom contained in our minds determine what we actually perceive. The law of Meditation shows us that everything we see is in our minds. What we meditate on is going to determine the way we view everything our physical eyes observe. We don't see with our eyes; we see through them. We actually take pictures with our minds. Your subconscious sets boundaries, make decisions whether you want it to or not. The mind is the lens that gives focus to the picture we are taking.

Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." **(Numbers 13:30 NKJV)**

Caleb had a different perspective than the other spies.

I call to remembrance my song in the night; I meditate within my heart, And my spirit makes diligent search. **(Psalms 77:6 NKJV)**

I will also meditate on all Your work, And talk of Your deeds. **(Psalms 77:12 NKJV)**

I remember the days of old; I meditate on all Your works; I muse on the work of Your hands. **(Psalms 143:5 NKJV)**

Muse means "to ponder".